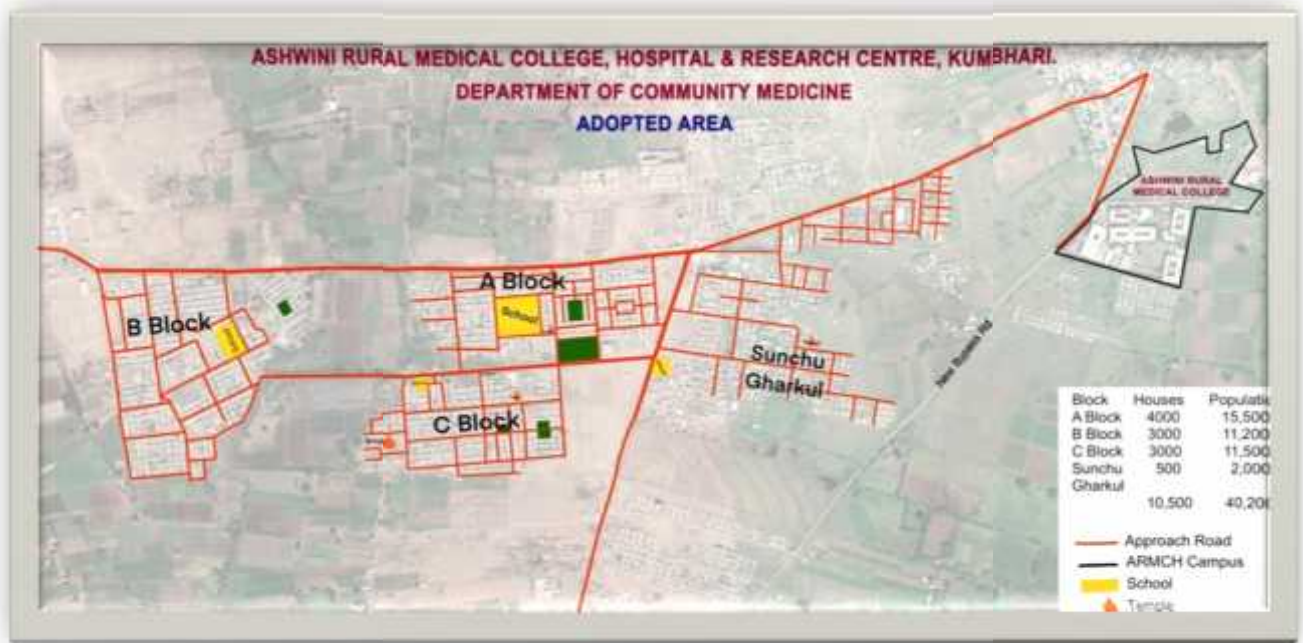


## Best Practices

### In Ashwini Rural Medical College Hospital And Research Center

1. Adopted Area ( Godutai Parulekar Vidi Gharkul Akkalkot Road Solapur)

**Population: 40200**



#### Facilities providing to adopted area:

**1. Door to Door Service:** Free indoor treatment including medicine and food is provided for patients who are economically backward and concession is given to all others. Follow up and rehabilitation services are provided wherever necessary.

**2. Diagnosis and OPD treatment:** The College conducts a daily OPD and patients are sent for further investigations and treatment to the teaching hospital.

## 2. Medicinal Garden

1. Medicinal and aromatic plants are maintaining their importance in the search for new, valuable sources of drugs and lead compounds.
2. In view of the steadily rising demands on these important natural resources, attention should be paid to the sustainable forms of production and utilization.
3. Medicinal plants are considered as rich resources of ingredients which can be used in drug development pharmacopoeial, non- pharmacopoeial or synthetic drugs.
4. A part from that, these plants play a critical role in the development of human cultures around the whole world.

 M. M. Patel Public Charitable Trust's <b>ASHWINI RURAL MEDICAL COLLEGE,</b> <b>HOSPITAL &amp; RESEARCH CENTRE.</b> KUMBHARI, SOLAPUR 		
<b>Medicinal Plant Garden</b>		
Sr.no	Common Name	Medicinal Use
1	 Mango (आंबा)	Rich in vit A boosts immunity
2	 Jamun (जामुळ)	Treatment of diabetes
3	 Custard Apple (मीताफळ)	Rich in ca, Vit C
4	 Tamarind (श्रीच)	Antioxidant Anti inflammatory
5	 Pomogranate (झाडीब)	Antioxidant Immunity booster
6	 Indian Baal (बेल)	Treatment of respiratory infection
7	 Amla (आयळा)	Rich in vit C, immunity booster
8	 Neem (कडुनिंब)	Treatment of skin infection
9	 Curry Leave (कडीपत्ता)	Rich source of iron folic acid
10	 Holy Basil (तुळस)	Antiviral, Antifungal, Rich in antioxidant
11	 Scutch Grass (दुर्वा)	Treats acidity, Immunity booster
12	 Lemon Grass (गवती चहा)	Antipyretic, Anti Inflammatory
13	 Mint Plant (पुदिना)	Treatment of stomach ach, chest pain
14	 Carawaryhoram (ओवा)	Improves digestion
15	 Betel Leat (खायचे पान)	Rich source of calcium A, B complex
16	 Periwinkle (सदाफुली)	For Production of anticancer drugs
17	 Bur Flower (कदंब)	Anthelmintic, Anti diabetic
18	 Night Jasmine (पारिजातक)	Treatment of fever, Skin infection
19	 Aduisa (अडुळगा)	Treatment of cough, cold, bronchitis
20	 Aloevera (कोरफड)	Good for skin & hairs, heals wounds
21	 Drumsticktree (शेवगा)	Rich in vit A, treatment of mood disorder
22	 Peepul (पिंपळ)	For treatment of boils, pimples
23	Babool (बाभळी)	Gum of babool is expectorant & antipyretic
24	Cluster Fig Tree (उंबर)	Treatment of muscular pain, boils, hemorrhoids
25	Banyan Tree (वड)	Antidiabetic, antidiarrheal